Beyond #Me too

Continued from page 1

Delving deeper to understand the reason for women to suffer in silence, Shaila states fear as the major basis- fear of negative consequences, fear of social stigma, fear that there is nothing that will come out of complaining, they may not know how powerful the law is today. Sometimes they fear that they do not have witnesses. "Women need to be made aware that like domestic violence there may not be witnesses and the victim's own testimony is what is needed. We need to have the courage to go through cross examination so that it is made easier for victims that come after us," she explains.

Shaila believes that women should be encouraged to speak out against all forms of oppression and injustice and take a no tolerance policy towards sexual harassment at the workplace. " We must treat the provisions in the Act seriously and also think before claiming anything as sexual harassment."

Men change your ways # Fighting sexual harassment

Based on research it has been found that that harassment typically does not come from those who are secure in their power, but instead from those who do not have power they desire. It a small person's attempt to control that which they cannot or should not control.

The reality of seeing our folks - friends, neighbours, co-workers, family - open up about their various experiences with sexual violence is as much jarring as it is enlightening.

We all know that the way to fight sexual harassment, like many other issues lies in creating gender equality. Fighting sexual harassment has several components to it which Amrita deconstructs for us. She says that in the external system we need to keep up the work of getting power re-distributed across both genders- so that women do not so frequently find themselves in positions where men hold all the power. The issue of consent needs to be on centre stage, where the difference between a private consensual sexual act that involves a female enjoyment of male aggression should be clearly distinguished from random throwing around of male aggression as a right (and rite) of manhood. She says thirdly, both men and women need to de-condition from the idea that masculinity is something that involves harassment and femininity involves the enjoyment of harassment.

"This means that men have to be comfortable in a male identity that does not get rid of powerlessness by harassing those who are less powerful. And women need to become comfortable with anger and a female identity that does not host and receive male aggression as its normal duty. For women this means being willing to go against the myth that beauty and forbearance are linked (and that protest is therefore ugly and shameful).Finally I think we can go beyond gender difference in examining how whenever anyone has power, the temptation to exercise it without consent, at someone else's cost, always exists and must be resisted.- Amrita

Shaila believes the change begins at home, early on where young boys need to be taught respect equality. "We need to teach children the difference between good and bad touch. Sexual harassment of women is one manifestation of patriarchy and the imbalance of power in society. It has nothing to do with dress, sexual attraction or love."

Sonia lays great emphasis on the need for women, men and the community to take a strong stand and be responsible. She says that men should be made aware that certain comments, jokes, stares are not acceptable at all. "Men should correct other men, I have not seen this happen. No one should say 'forget it.' Even if the comment or stare is for another lady, others should stand up. We get all jittery only when it happens to us."

While she opines that sexual harassment is a community evil, for which the community has to come ahead. "On hearing some weird comments, I have personally corrected people saying "that is sexist. Don't continue." Sadly, she says she has also seen other ladies titter and subtly 'allow' it to continue. "I have seen young girls play along, bordering on consensus and then just stop short. This behaviour is also acceptable. In all areas, there are written and unwritten codes of decorum, dressing, speaking. We need to follow them," states Sonia

Lawyer Celeste Saldanha says: "Parents should stop giving children doll houses rather give them the same toys like the ones their sons play with."

Moving on from sexual harassment can be a task most impossible. It certainly takes time and a great deal of boost and support system from family and friends. One cannot give up on life and blame herself all through, but face life ahead with a more strong and positive outlook- to take on any harassment that comes ahead.

Amrita believes that this attitude could give the impression that harassment is no big deal (not that that was your intention). "And I wouldn't want to suggest that. Rather I would say if you've been harassed though you could live a good life- the scar remains. Scars may make us stronger but they also remind us of unspeakable hurt.

Go Figure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

The operators:

÷ X + −

Easy

☐☐☐☐☐☐☐ = 9

2 4 5 9

Medium

☐☐☐☐☐☐☐ = 7

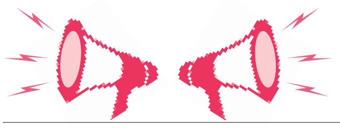
4 5 8 8

Hard

☐☐☐☐☐☐☐ = 16

4 4 5 6

Solutions:
Easy - 4 + 5 x 2 - 9 = 9
Medium - 8 - 4 + 8 - 5 = 7
Hard - 6 - 5 x 4 x 4 = 16



HAPPENINGS

ACTIVITIES

>Vasco city walk: Soul Travelling will organise the Vasco city walk on March 11 from 7 a.m. to 9 a.m. Details: 9923388999.

>Open mic: Bring along a few poems and recite them out loud to others at Bookworm Library, Taleigao as the Bookworm will host a poetry 'open mic' on March 9, from 5 p.m. to 6:30 p.m. Details: 9823222665. Open to all.

>Women's Festival : Ravindra Bhavan, Margao, will celebrate Women's Day by organising Women's Festival from March 8 to March 10. The three-day festival of literature, music and dance and will include several competitions exclusively for Women. The inauguration will be on March 8 at 4:30 p.m. followed by kavi samelan of prominent poets. Competitions like All Goa Fashion Show Competition; Makeup and hair dressing; All Goa Duet married women and her relative (lady only); Quiz competition for 11 to 17 years of age from South Goa. Details

>Sumitra Bhave Film Festival: The Cinephile Film Club of Entertainment Society of Goa is organizing Sumitra Bhave Retrospective to commemorate Women's Day on March 8 at 6 p.m. by organising Women's Day Film Festival in memory of late Mandatai Bandekar. This event is organized in association with Manda and Narayan Bandekar Charitable Trust. Atul Kulkarni who is a film actor who has acted in various Hindi and Marathi films will inaugurate the Women's Day Film Festival. In this festival, film Devrai will be screened on March 8 at 6 p.m., Astu on March 9 at 6.30 p.m., Doghi on March 10 at 6.30 p.m. and Samhita on March 11 at 6.30 p.m. All these films will be screened at Maquinez Palace-Panaji. In association with NRB Group, the Sumitra Bhave retrospective will be held in 1930 K Sera Sera Vasco. Devrai on March 9, Samhita on March 10 and Doghi on March 11.

>Friday Balcao: Friday Balcao the fortnightly discussion event to be held on March 9 will focus on the challenges faced in life by women senior citizens in Goa. The discussion is being held to observe International Women's Day. Friday Balcao will be from 4 p.m. to 6 p.m. at the Goa Desc Resource Centre No 11 Liberty Apartments, Feira Alta, Mapusa. Open to all.

>Open mic: Bring along a few poems and recite them out loud to others at Bookworm Library, Taleigao as the Bookworm will host a poetry 'open mic' on March 9, from 5 p.m. to 6:30 p.m. The poems can be from any genre and indeed, could even be written by you. Details: 9823222665. Open to all.

>Treasure hunt rally: Kaleidoscope will host a treasure hunt rally for women on March 8 from 9 a.m. to 12:30 p.m. Details: 9764003074.

>Prize distribution: The prize distribution of Sushant Forever photography contest 2018 will be held on March 10 at 11 a.m. at Kala Academy, Black Box. Open to all.

ART AND CULTURE

>Musical performance: The Bajara Quartett revisits Art Chamber, Calangute with violinist Robert Kres, Buland (guitar) and Philip (double bass) on March 9 at 8 p.m. Entry: ` 350. Details: 9823217435

WORKSHOP/SEMINAR/ LECTURE

>Travel writing workshop : Museum of Goa will organise a travel writing workshop with Jessica Faleiro on March 10 from 10 a.m. to 2 p.m. at MOG, Pilerne. Eligibility: 16 years and above. Fees: ₹ 1500. Details: 7722089666.

>Robotics demo and display: Consciencia Training Academy is hosting a public demo for parents and school students on robotics and automation on March 10 from 5 p.m. to 6 p.m. at the Don Bosco AV Hall, Panaji. Details: 9765117708.

>Creative drawing workshop: Creative drawing workshop with Liz Kemp will be held on March 10 from 10 a.m. to 1 p.m. at At Literati E/1-282 Gaura vaddo, Calangute. Details: 2277740/7447437768/books@literati-goa.com.

>Cloisonné Enamelling Workshop : Cloisonné Enamelling by Meghan Salgaonkar will be held on March 10 at 10 a.m. to 1 p.m. and will focus on using jewellery enamel on copper. Fee: ₹1200. Details: 8411865428.

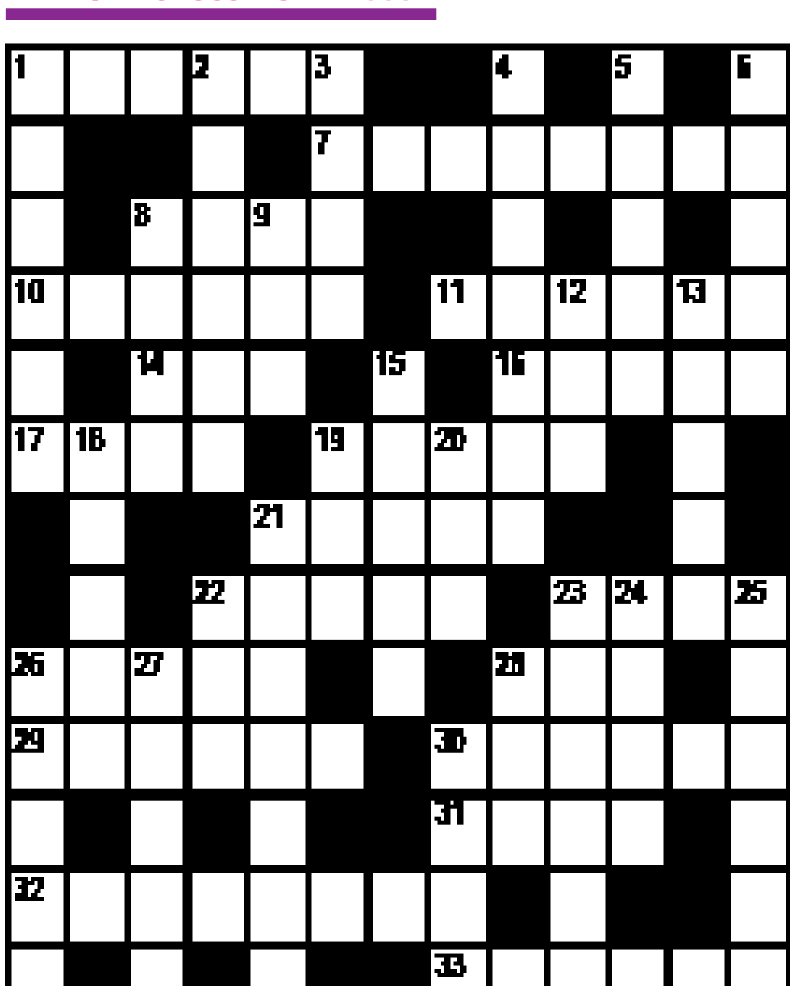
>Creative care workshop: Dementia creative care workshop by Amit Dias will be held on March 11 from 10.30 a.m. to 4 p.m. at Caritas-Goa Holiday Home, St. Ines, Panaji. The workshop is organised by Caritas-Goa Home Nursing Services. Details: 9326428375.

>Stress management workshop : Stress management workshop for parents by psychologist Rupali Bhube will be held on March 11 from 3 p.m. to 5.30 p.m. at Lakshya Academy, Patto Panaji. The workshop is organised by Lakshya Academy. Details: 9552518650.

>Workshop on permaculture and vegan cooking : Permaculture and Vegan Cooking with Nina will be held on March 11 from 4 p.m. to 7 p.m. at Saraya Art Cafe, Sangolda. Price: ₹1100. Details: ria.saraya@gmail.com/ 8888926811.

>(Send in your listings to buzz.navhind@gmail.com)

NAVHIND CROSSWORD #6591



Across
1 Analysed a sentence (6) 7 Melt (8) 8 Mr McCartney of the Beatles (4) 10 Actually (6) 11 Remove from office (6) 14 Cavity or hole (3) 16 Old hat (5) 17 Scrutinize (4) 19 Jostle (5) 21 Dimness (5) 22 Silly (5) 23 Daybreak (4) 26 Going on (5) 28 Large or bulky (3) 29 Put on a show (6) 30 Eton and ____ : famous English Schools ? (6) 31 Nitrogenous fertilizer (4) 32 Teaches, tutors or indoctrinates (8) 33 Anything in poor taste (6)

Down
1 Chaplins - "spread" anagram ? (6) 2 Infamous Russian leader (6) 3 At the right time (4) 4 Liberty (7) 5 A slave or a serf (5) 6 Gave in (5) 8 Father or daddy (4) 9 Ultimate, in short (3) 12 Foot of an animal (3) 13 Hairy Himalayan goat (5) 15 High up (5) 18 Guile (5) 19 Mischievous gnome (3) 20 A male human offspring (3) 21 Entrance (7) 22 Domesticated canine (3) 23 Straight (6) 24 Taj Mahal city (4) 25 Rather new (6) 26 Until now (2,3) 27 Loose rope fibre (5) 28 Prohibit, ban (3) 30 Dry outer part of seed (4)

SOLUTION #6590

Across: 1 Shies, 6 Jason, 9 Nose job, 10 Crisp, 11 Dutch, 12 Light, 13 Albumen, 15 Lie, 17 Zeal, 18 Builds, 19 Solar, 20 Enjoin, 22 Hype, 24 Coo, 25 Paradox, 26 Civil, 27 Mogul, 28 Speak, 29 Backhoe, 30 Hyper, 31 Brads.

Down: 2 Hurdle, 3 Ensoul, 4 Sop, 5 Letin, 6 Jodhpur, 7 Abut, 8 Orchid, 12 Ledon, 13 Aztec, 14 Banjo, 15 Lloyd, 16 Essex, 18 Banal, 19 Similar, 21 Nobody, 22 Hamper, 23 Poland, 25 Pinky, 26 Cube, 28 Sob

SUDOKU #4284

5							2	3
7				1	5	8		
	6	8			2	5		
	8	9	3	2	1			
	1		9		7		6	
			8	4	6	3	1	
		5	1			9	3	
		4	2	8				7
3	2							4

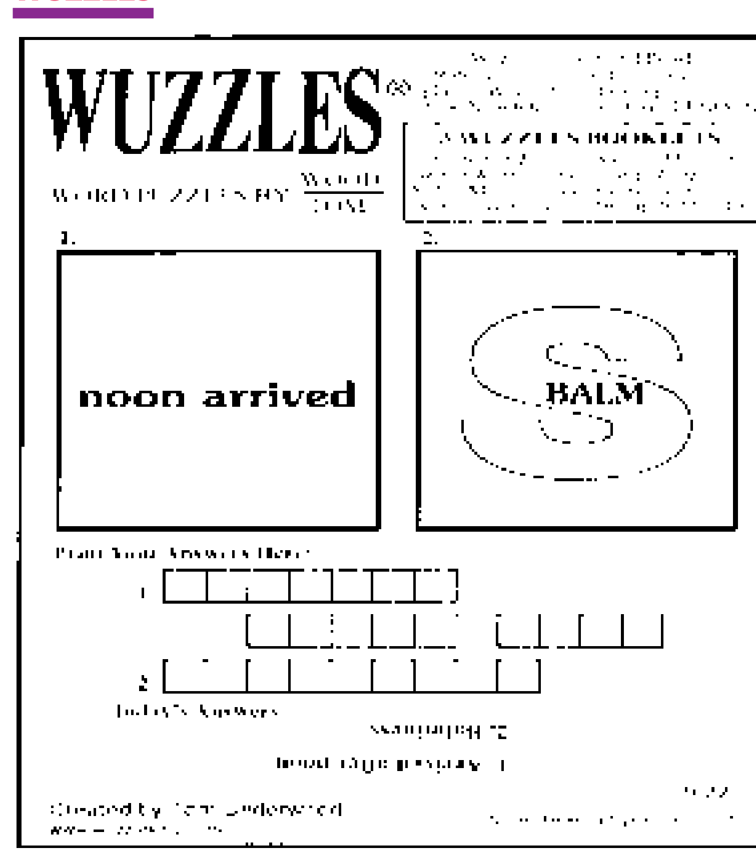
>A mind game and puzzle that you solve with reasoning and logic. Fill the grid with digits such that every row, column and 3x3 box accomodates the digits 1 to 9 without repetions.

SOLUTION #4283

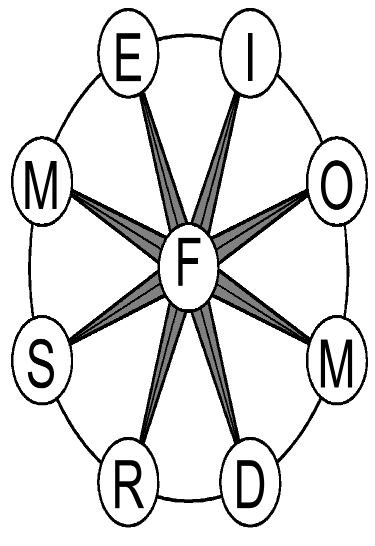
7	5	4	1	8	9	3	2	6
2	3	8	4	5	6	1	7	9
9	6	1	2	3	7	5	8	4
3	8	2	9	4	1	7	6	5
6	9	7	8	2	5	4	3	1
1	4	5	6	7	3	8	9	2
4	1	6	7	9	8	2	5	3
8	2	3	5	6	4	9	1	7
5	7	9	3	1	2	6	4	8

SCRAP PAD

WUZZLES



SPELLATHON



How good are you in your vocabulary? Spell out as many words of four or more letters as you can from the letters in today's diagram. In making a word, each letter must be used only once and each word must contain the letter in the centre. There should be at least one nine letter word! Plurals, foreign words and proper names should not be counted.

>Rate yourself: 14 Good; 16 Average; 18 Wow!

SOLUTION

defi, deform, deiform, feod, fermi, fide, fido, fiord, fire, fired, firm, firmed, fold, ford, fore, form, forme, formed, fremd, fried, frise, froe, froise, from, misfed, misform, MISFORMED, orfe, reif, rife, seif, serf, self-